

# MASS MAXX STACK



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WHILE MANY OF US ARE CONSTANTLY TRYING TO LOSE WEIGHT, THERE ARE A LARGE PROPORTION OF INDIVIDUALS WANTING TO RETAIN OR GAIN WEIGHT.



For many, gaining quality kilos proves to be just as difficult as it is for those trying to lose them. The problem lies in the body's metabolic rate being simply too fast – the body burns up energy as quickly as you take it in – especially when you are training hard!

The solution is simple, as it is for weight loss, calories in equals the end result.

Take in surplus calories and you will gain. But for the right weight gain you need to ingest the right calories, so you don't end up with a spare tyre. Good quality protein, carbohydrates and good fats ensure the right weight is gained – Lean muscle mass.

Maxx Stack from Maxx Essentials, includes the New Monster Maxx high quality weight gainer and Tribulus Maxx to increase lean muscle size, by increasing recovery and ensuring all the right ingredients are available to give you energy for your workouts.

Monster Maxx includes high quality protein, carbohydrates and good fats while providing 500 calories per 2 scoops in water. An easy and delicious way of getting the calories you need to grow a lean muscular physique. Tribulus Maxx increases your testosterone levels, so you increase your strength and stamina to get through tough workouts. The end result – Maxx size and strength!