

AN INSIGHT INTO EYE CARE

THE THOUGHT OF NO LONGER HAVING SIGHT IS UNIMAGINABLE.
OUR ABILITY TO SEE IS SOMETHING WE TAKE FOR GRANTED.

Yet as we age, our windows to the world are at risk from a variety of age-related degenerative disorders that can threaten our vision.

Eye health is influenced by several factors – nutritional status, lifestyle and hobbies, work environment, even genetic predisposition. While we can't exchange our genes, wearing sunglasses, giving up cigarettes, moderating alcohol consumption, maintaining a balanced diet and having regular eye checks are within our control.

Studies show that a number of conditions as well as eyestrain from computers, can all benefit from an increased intake of nutrients, such as bioflavonoids, anthocyanidins, Vitamins A, C and E, the minerals zinc, selenium, copper and chromium.

Good Health's Premium vision™ provides key therapeutic nutrients and herbal extracts in a once-a-day capsule to naturally support the body's response to age-related eye problems and eyestrain.

