



CALM YOUR INSIDES

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STUDIES SHOW THE 'INNER GEL' OF THE ALOE VERA PLANT COULD BE THE KEY TO RELIEVING IRRITABLE BOWEL SYNDROME (IBS), WHICH AFFECTS AN ESTIMATED 800,000 NEW ZEALANDERS.

What is IBS?

IBS is the most common disorder of the bowel. Symptoms range from bloating, indigestion, lower back pain, exhaustion and constipation to extreme abdominal pain, diarrhoea and excessive wind. In New Zealand, at any one time, 1 out of every 5 people is suspected of suffering from IBS.

Studies find Aloe Vera brings relief to the digestive system

Research has shown people who have suffered from indigestion, irritable bowel syndrome, colitis and excess acid stomach have reported relief from these conditions by the oral taking of Aloe Vera juice⁽¹⁾. Improvements while taking Aloe Vera included reduced bloating after meals and reduced flatulence. A study of 12 peptic ulcer patients reported very positive results from treatment with Aloe⁽²⁾.

Extremely good news for bloated stomach sufferers!

* PLEASE NOTE:

Only 'Inner Gel' Aloe Vera Juice is recommended for IBS sufferers, as 'Whole Leaf' Aloe Vera is a very strong laxative.

Nature's Best Kept Secret

Sufferers are now claiming great relief from taking a daily dose of the 'inner gel' juice extract of the Aloe Vera plant with converts believing its nature's best kept secret. June from Auckland says. "I suffered with extreme abdominal pain, bloating, wind, diarrhoea, bad digestion and lower back pain and as a result I had to stop work. Within a week of taking Aloe Vera I noticed dramatic improvements. My bowels became more regular and I regained control, which was marvellous as I could leave the house again. My back eased up and my general well being has improved. I would not be without it now and I recommend it to everyone. I call it my wonder juice.



Please note this article contains research and is provided as a service for consumer information only. Aloe Vera is currently not registered as a treatment for the above medical conditions under the Medicines Act and cannot be regarded as a cure. A diagnosis of the above medical conditions should be made by qualified medical professionals. Use strictly as directed and if after a course of treatment symptoms continue, or you have unwanted effects, see your health professional.

(1) The Silent Healer: A Modern Study of Aloe Vera, Second Edition, Coats Publishing: Phoenix, Arizona
(2) Blitz et al., 1963.

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