



Feeling better, naturally

# SEASONAL ALLERGIES

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ALLERGIES, COLDS, SUNBURN, INSECT BITES AND STINGS, STOMACH UPSETS AND DIGESTIVE DISTURBANCES ARE COMMON EVERYDAY PROBLEMS THAT CAN AFFECT ANY OF US, IRRESPECTIVE OF AGE.

Generally, most acute conditions resolve themselves over time, but not without some short-term discomfort.

Some may just put up with the discomfort and put their lives on hold while they wait for their symptoms to subside. Others may select an appropriate homoeopathic product, with the potential to stimulate their own natural defences, so they can get on with their lives.

There is a growing awareness of homoeopathic products and the support they can provide for a vast array of conditions. But not all of us are in the position of being able to choose a product with the confidence gained from a previous positive experience.

Many of us are looking forward to Spring and Summer, but the allergy sufferers amongst us probably aren't. So what's available to help?

Homoeopathic products can provide support to those suffering from a variety of seasonal allergies and the combination formulations provide a broad-spectrum approach to doing so. They also offer peace of mind given their suitability for use by the whole family, including pregnant women and children.

If seasonal allergies are stopping you from getting on with a normal life, try Natuuro Pharm's Allermed Relief oral spray.

It's convenient, easy to use and suitable for the whole family.



Visit your local Health 2000 store to find out more about the products mentioned within this magazine.