

Kordel's
agewise
Help your body keep up with you.

STAY COOL

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AS A YOUNG GIRL, YOU MAY HAVE BEEN EMBARRASSED AND TENDED TO FLUSH SO EASILY THAT IT MIGHT HAVE BEEN A MISERABLE TIME FOR YOU. THEN WHAT HAPPENS?

Much, much later, the menopause comes along and suddenly you flush without warning, experience night sweats and generally lose your ability to control your temperature balance.

While 'going through the change' is a perfectly normal part of a woman's life, it can be associated with effects that some women find really unpleasant, hot flushes, sweating and vaginal dryness are considered typical symptoms. For centuries, women have turned to herbs, or special foods as a natural means of dealing with the effects of menopause. In fact, many women still do, in order to reduce the incidence of unpleasant temperature changes that occur without warning and last from a few seconds to a few minutes.

In some cultures, soy foods appear to benefit many women and research confirms Soy



and Red Clover provide isoflavones, natural compounds that support hormonal balance at this time. They are important for healthy bones too! Other herbs including Sage, Shatavari and Ashwaganda (also known as Winter Cherry) and Zizyphus also help.

Kordel's new agewise® Meno-Life™ Hot Flush Support Formula provides all these ingredients to help you through this special time in your life.



Naturally good health stores

Read the label and use only as directed. If symptoms persist see your healthcare professional.