

ROSEHIP OIL

Catherine de Groot

IT HAS BEEN SAID THAT IF YOU WERE STRANDED ON A DESERT ISLAND, YOU COULD SURVIVE WITH ONE BOTTLE OF ROSEHIP OIL TO MOISTURISE AND NOURISH THE SKIN ON YOUR FACE, BODY AND HAIR.

It will even ward off the signs of ageing. Why has this oil become so beloved by so many people? The answer lies in the powerful natural composition of the oil, making it one of the most effective cosmetic products on the market.

Rosehip Oil is extracted from the seeds of wild-grown rosehips, using a method which preserves its naturally occurring active ingredients. Rosehip Oil contains unusually high levels of anti-oxidant vitamins and nutrients, including a minimum of 80% essential fatty acids – these Omega 3, 6 and 9 fatty acids are vital for skin health and a glowing complexion. It has a super-fine texture, which allows it to absorb into the skin quickly and easily, leaving no oily-residue, making it perfect as a base for make-up application.

The concentrated oil can be used alone, over a daily moisturiser, as a night-time treat or an occasional boosting treatment.

Wellington based natural skin care company Trilogy, produce New Zealand's only Certified Organic Rosehip Oil, clinically proven to reduce the appearance of fine lines and wrinkles by up to 23%, increased skin moisture by up to 44% and promote up to 21% smoother skin.



Visit your local Health 2000 store to find out more about the products mentioned within this magazine.