

# STAY MOBILE AND KEEP ACTIVE

JOINT HEALTH IS IMPORTANT TO ENSURE WE CAN CONTINUE TO STAY MOBILE.



As we age, the body naturally reduces cartilage production and bones can start to rub into one another. Glucosamine provides the key raw material for cartilage repair and plays an important role in its health and resiliency. As we age, we lose some of the Glucosamine and other substances in cartilage, which can lead to the thinning of cartilage and the onset of joint problems.

Glucosamine sulfate may take a part in supporting lubrication and sulfate uptake by stimulating production of additional synovial fluid, which help keep joints in the body rolling smoothly. Glucosamine helps to develop and maintain the “shock absorbers” in the joints, particularly the weight-bearing ones such as the knee or hip.

NFS Glucosamine Sulfate Complex 1900+ provides a mix of nutrients that may help with joint health. Derived from the shells of shellfish,

Glucosamine provides the key raw material for cartilage repair. Chondroitin comes from shark cartilage and is an important constituent of cartilage, helping to maintain its resilience. Chondroitin attracts fluid into the cartilage, forming a spongy shock absorber and it supplies nutrients to the cartilage, supporting its regeneration. Proline is a natural amino acid used to make collagen, a key protein that gives strength and resilience to cartilage.

Make NFS Glucosamine Sulfate Complex 1900+ part of your daily routine to ensure you continue to have an active lifestyle.

