

PROCRUNCH BARS

It can be difficult to maintain a nutritional status quo at the best of times when you have a busy lifestyle, add to this a regular exercise regime, then your body's nutritional requirements increase.

ProCrunch Meal Replacement Protein Bars are a convenient, no fuss way of meeting your daily nutritional requirements, with 22g of protein, 4g of dietary fibre and a comprehensive range of SmartCarbs, vitamins and minerals, it provides a delicious, healthy meal replacement.

For efficient absorption, protein should be consumed with carbohydrates at regular intervals throughout the day, especially before and after exercise.

SmartCarbs are a special all natural blend of carbohydrates that provide instant and sustained energy, without harsh sugar spikes or crashes.

The unique blend of Protein and SmartCarbs in a ProCrunch Bar will help keep you physically active throughout your day.

**PROACTIVE
NUTRITION**

For every body

